

# Everything you need to know about the TEAS



## What is the TEAS?

The Test of Essential Academic Skills (TEAS), developed by ATI, assesses preparedness to enter the health science fields. You've probably been asked to take the TEAS as part of admissions requirements for a nursing or allied health program. That's because studies show a consistent link between TEAS scores and future academic success.

### Test structure

#### 170 Total Questions

**Reading (26%):**  
45 questions; time limit 55 minutes



**Math (22%):**  
38 questions; time limit 57 minutes



**Science (30%):**  
50 questions; time limit 60 minutes



**English & language usage (22%):**  
37 questions; time limit 37 minutes



The time limit for the total exam is 3 hours and 29 minutes.



## Download the FREE TEAS 6-Week Study Plan

[https://share.hsforms.com/1VUljspkwSs2v31xNv\\_Ru1Ar8bq](https://share.hsforms.com/1VUljspkwSs2v31xNv_Ru1Ar8bq)

### How to prepare

The best way to study is with the creator of the TEAS. No matter your study style or timeline, ATI has the materials and study packages to help you earn the score you need. Here are some highlights of our top 4 resources:

## ATI TEAS SmartPrep

SmartPrep is an online tutorial customized to you. Each of the 4 subject areas begins with a diagnostic test that helps you understand what you know — and what you don't. Then, SmartPrep creates a personalized study program based on your results. Research shows that by using SmartPrep, students can improve their score by 7.5 percentage points.

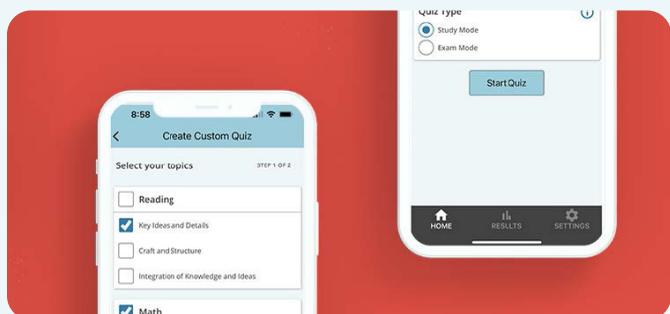
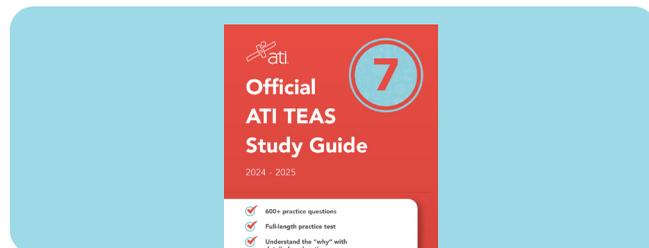


## ATI TEAS Practice Tests

Our practice tests simulate the actual testing environment of the TEAS. Each test contains 150 questions and detailed answer rationales. At the end, you receive a score report that identifies topics to review, based on your results.

## ATI TEAS Study Guide

Our TEAS Study Guide covers the 4 test subject areas and provides 325 practice questions, unit quizzes (150 questions each), and a full-length, comprehensive practice test. Our study guide pairs well with ATI Practice Tests!



## Official ATI TEAS Prep App

Our app provides on-the-go access to the most comprehensive prep materials available. It contains over 2,300 practice questions that you can answer in study mode or exam mode. All questions are aligned to the most recent TEAS content.



## TEAS registration and requirements

- To create an account and/or register for the TEAS, visit: <https://www.atitesting.com/teas/register>
- A valid (not expired) hard copy of an approved form of government-issued photo ID is required before the start of the exam (both in-person and remote/at-home exams). Photocopies and photos on a mobile device are not accepted.

- For a remote TEAS (at-home exam), certain internet and system requirements must be met before testing. See the technical requirements here: <https://www.atitesting.com/technical-requirements>

## After your test day

- **Get your score:** Log in to your ATI account to get a score report detailing your performance. Exam results are usually posted within 48 hours.