

**Eastern WV Community & Technical College
Master Course Record**

Course Prefix and Number: EDF 115
Course Title: Early Childhood Health, Safety, and Nutrition
Recommended Transcript Title: (if over 40 characters) Childhood Health, Safety, & Nutrition
Date Approved/Revised: 6-21-05; 8-3-17, 8-21-17
Credit Hours: 3 Contact hours per week (Based on 15-week term): Lecture: 3 Lab:
Prerequisite: None Corequisite: Pre/Corequisite:
Grading Mode: Letter Grade
Catalog Description: This course provides an introduction to the health needs and concerns of the pre-school age child. This course covers the health issues and safety concerns as well as the proper nutrition for a growing and developing child. These three areas will be applied to personality development, to the social promotion of the child's self-esteem and well-being, and the physical development that takes place.
Course Outcomes (Correlated with NAEYC Standards): <ol style="list-style-type: none"> 1. Identify West Virginia Department of Health and Human Resources (WV DHHR) Title 78 child care licensing requirements that focus on nutrition, health, sanitation, and safety. (ST 6) 2. Compare WV DHHR Title 78 licensing regulations with national guidelines of best practices. (ST 6) 3. Analyze practices that support the development of safe and healthy environments. (ST 1, 4) 4. Demonstrate universal precautions for sanitation practices. (ST 1, 6) 5. Formulate a plan for maintaining food safety. (ST 1, 6) 6. Design developmentally appropriate activities to teach young children healthy and safe behaviors. (ST 1, 4) 7. Acquire all documentation required for employment in an early childhood program. (ST 6) 8. Describe basic procedures for emergency responses including shelter in place and evacuation. (ST 1, 6) 9. Describe appropriate nutritional needs and feeding practices for young children. (ST 1, 4)
Implementation Cycle: Fall
Role in College Curriculum: (Check all that apply) <input type="checkbox"/> General Education Core (Specify category) <input checked="" type="checkbox"/> Technical Core: Early Childhood Development

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Date Prepared: /Revised: June 21, 2005; 8-3-17

Approved by Curriculum Committee: 8-3-17

Approved by LOT: Program Approved October 2003, 8-21-17

<input type="checkbox"/> Restricted Elective (Specify program)
<input type="checkbox"/> General Elective
Course Fee: None
Instructor's Qualifications: Master's Degree with coursework in early childhood education or related experience.
Expanded Course Description: This course provides an introduction to health and safety requirements and responsibilities for individuals working in early childhood programs. Health, nutrition, and safety policies, procedures, and practices are studied. Students will meet state health and safety requirements for child care employees. Students will learn how to design developmentally appropriate activities to teach young children about health and safety behaviors and to assume responsibility for their own well-being. Lectures, class participation, class discussion, and observation will be the main instructional procedures for this course. Students will also be expected to acquire all necessary documentation required for employment in an early childhood program. Key Assessments will include: <ol style="list-style-type: none">1. Early Childhood Menu Development2. Safety Check

Prepared by:

Molly Edelen, Education Programs Coordinator, 7-20-2017

Name	Title	Date
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Approved Per LOT Minutes:

Dean, Teaching and Learning

Date

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