



TO: Eastern Faculty, Staff and Students; Parents and Visitors
From: Dr. Thomas Striplin, President
Date: September 8th, 2021
SUBJECT: COVID 19 – Delta Variant Update

Out of precaution and with the significant rise in Delta infection in WV and Hardy County, I highly recommend that any individual, **vaccinated or not vaccinated**, who has been potentially exposed to COVID-19 or any variant, get tested immediately if showing **any of the symptoms**. WV is now near the high of hospital bed and ICU admissions that it was last year.

For list of symptoms, go to <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>.

Quarantine if you have been in close contact (within 6 feet of someone for a cumulative total of 15 minutes or more over a 24-hour period) with someone who has COVID-19 or variant, unless you have been fully vaccinated. People who are fully vaccinated do NOT need to quarantine after contact with someone who had COVID-19 or any variant **unless they have any of the symptoms**. However, fully vaccinated people should get tested 3-5 days after their exposure, even if they don't have symptoms and wear a mask indoors in public for 14 days following exposure or until their test result is negative.

If your test results are positive and you're self-isolating or if you're in quarantine due to close contact with a family member who has tested positive, whatever the case, you **MUST** provide a negative test result before coming back to any Eastern location.

Please review the CDC resource below for more information:

<https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html>

Employees

Please provide negative test results to Jaennae Snyder in the Human Resources Office. Her email is jaennae.snyder@easternwv.edu. Please make sure to communicate with your supervisor throughout the quarantine or isolation process on remote work arrangements, leave usage and return to work status.

Students

Please provide negative test results to Jaennae Snyder in the Human Resources Office. Her email is jaennae.snyder@easternwv.edu. Please make sure to communicate with your instructors/advisors throughout the quarantine or isolation process on coursework completion and return to campus status.



To ensure the safety of our campus locations and the community, please continue to take all safety precautions, wear your mask, monitor for any symptoms and get vaccinated. Below is a link to all of the videos that have been created by different and diverse WV experts on different aspects of the vaccine such as:

- Reproductive issues
- Should someone get the vaccine if he or she has already had COVID?
- How do mRNA vaccines work?
- Side effects vs. adverse events; long term side effects
- How were vaccines developed so quickly?
- Are vaccines safe and are vaccines safe for kids?
- Are vaccines safe if you are pregnant or breastfeeding?

On the right side of the screen once you open the link, the videos are listed. There are several in Spanish in addition to all in English. They range from between 1 ½ minutes and 3 minutes long.

https://m.youtube.com/watch?v=0caXw0UOhU0&list=PLfnPZMmLOkWJacwUD_f4O7bn9FXMiCbej