

**Eastern WV Community & Technical College
Master Course Record**

Course Prefix and Number: NU 133	
Course Title: Health Assessment and Diagnostics I	
Recommended Transcript Title (if over 40 characters)	
Date Approved/Revised: 10/16/13; 4/27/21	
Credit Hours: 2	
Contact hours per week (Based on 15-week term):	
Lecture: 1	
Lab: 1	
Prerequisite: (Include any exam or placement scores) Admission to the Nursing Program	
Corequisite: NU 132 and NU 134	
Pre/Corequisite: BIO 124 and BIO 124L	
Grading Mode: Letter	
Catalog Description: This course is designed to introduce the nursing student to the knowledge and skills required to perform a health assessment across the lifespan and to document appropriate findings. The nursing student will be introduced to normal lab values and basic diagnostic procedures.	
Course Outcomes: (See Competency Verb list for suggested language)	
Concept:	Outcomes:
Human Flourishing	<ol style="list-style-type: none"> 1) Recognize patient centered care appropriate for patients across the lifespan. 2) Recognize knowledge from other disciplines as it relates to the profession of nursing and the care of diverse patients across the lifespan. 3) Understand key nursing concepts introduced related to the care of diverse patients across the lifespan with focus on health, wellness, and simple deviations.
Nursing Judgment	<ol style="list-style-type: none"> 4) Develop nursing judgment skills in establishing an individualized plan of care for patients across the lifespan. 5) Understand basic strategies to promote a safe, effective care environment.
Professional Identity	<ol style="list-style-type: none"> 6) Develop effective communication skills in interprofessional collaborative practice. 7) Identify professional responsibility in the delivery of patient centered care. 8) Identify foundational principles of professional nursing practice to provide safe, ethical,

	culturally competent care to patients across the lifespan.
Spirit of Inquiry	<p>9) Recognize evidence-based practice guidelines to improve the quality of care.</p> <p>10) Recognize the importance of continued learning to maintain clinical excellence in the profession of nursing.</p>
Implementation Cycle: Fall	
<p>Role in College Curriculum: (Check all that apply)</p> <p><input type="checkbox"/> General Education Core (Specify category)</p> <p><input checked="" type="checkbox"/> Technical Core A.A.S. Nursing</p> <p><input type="checkbox"/> Restricted Elective (Specify Program)</p> <p><input type="checkbox"/> General Elective</p> <p><input type="checkbox"/> Workforce Education</p> <p><input type="checkbox"/> Other (Please specify)</p>	
Course Fee: Yes	
Instructor's Qualifications: MS in Nursing OR BSN enrolled in graduate program in Nursing	
<p>Expanded Course Description (provides details regarding major course concepts, target audience, delivery format, etc.)</p> <p>This course is designed to assist students to develop skills in history taking, psychosocial assessment, and physical assessment. Content focuses on assessment of individuals across the lifespan. This course teaches basic laboratory studies, normal and abnormal values, lab studies specific to body systems and basic diagnostic procedures. Emphasis is placed on detailed history taking, differentiation, interpretation, and documentation of normal and abnormal findings. The course includes lecture, discussion, and demonstration of history taking and an integrated physical assessment.</p>	
Concept:	Outcomes:
Human Flourishing	<p>1) Recognize patient centered care appropriate for patients across the lifespan.</p> <p>2) Recognize knowledge from other disciplines as it relates to the profession of nursing and the care of diverse patients throughout the lifespan.</p> <p>3) Understand key nursing concepts introduced related to the care of diverse patients throughout the</p>
	Skills:
	Perform an integrated comprehensive health assessment.

	lifespan with focus on health, wellness, and simple deviations.	
Nursing Judgment	<p>4) Develop nursing judgment skills in establishing an individualized plan of care for patients across the lifespan.</p> <p>5) Understand basic strategies to promote a safe, effective care environment.</p>	Critically analyze findings from subjective and objective data to distinguish between expected and unexpected findings.
Professional Identity	<p>6) Develop effective communication skills in interprofessional collaborative practice.</p> <p>7) Identify professional responsibility in the delivery of patient centered care.</p> <p>8) Identify foundational principles of professional nursing practice to provide safe, ethical, culturally competent care to patients across the lifespan.</p>	Integrate teaching/learning principles into patient interviews and physical assessments.
Spirit of Inquiry	<p>9) Recognize evidence-based practice guidelines to improve the quality of care.</p> <p>10) Recognize the importance of continued learning to maintain clinical excellence in the profession of nursing.</p>	Demonstrate knowledge of preparation and post-procedure care for patients undergoing lab and diagnostic tests.

Prepared by: Debra Backus, Academic Program Director for General Education/Instruction and Eleanor Berg, Nursing Program Director October 14, 2013

Revised by: Alicia VanMeter, Nursing Instructor, MSN, FNP-BC March 19, 2021

Name, Title	Date
Approved Per LOT Minutes Curtis Hakala	April 27, 2021
Dean of Teaching and Learning	Date