

**Eastern WV Community & Technical College
Master Course Record**

Course Prefix and Number: NU 134	
Course Title: Introduction to Nursing Concepts	
Recommended Transcript Title: Introduction to Nursing Concepts	
Date Approved/Revised: October 16, 2013; 2-25-21	
Credit Hours: 8 Contact hours per week (Based on 15 week term): Lecture: 5 Lab: 3	
Prerequisite: Admission to the Nursing Program Corequisite: NU 132, NU 133 Pre/Corequisite: BIO 124 and BIO 124L and PSY 200	
Grading Mode: Letter	
Catalog Description: This course is designed to introduce the beginning student to nursing, concepts and core values essential to the practice of nursing, and the role of the nurse as a care provider. The clinical, laboratory, and simulation experiences involve the implementation of the nursing process and utilization of assessment and communication skills related to basic needs and life processes of individual patients. Factors, such as developmental levels, sociocultural differences, and mental & emotional status are included.	
Course Outcomes:	
Concept:	Outcomes:
Human Flourishing <i>Advocate for patients and families in ways that promote their self-determination, integrity, and ongoing growth as human beings.</i>	1) Utilize nursing judgment skills in establishing an individualized plan of care for adult patients.
Nursing Judgment <i>Make judgments in practice, substantiated with evidence, that integrate nursing science in the provision of safe, quality care, and that promote the health of patients within a family and community context.</i>	2) Practice basic strategies to promote a safe, effective care environment. 3) Identify and practice principles of therapeutic communication.
Professional Identity <i>Implement one's role as a nurse in ways that reflect integrity, responsibility, ethical practices, and an evolving identity as a nurse committed to caring, advocacy, and safe, quality care for diverse patients within a family and community context.</i>	4) Identify and demonstrate professional responsibility in the delivery of patient-centered care. 5) Identify technology and information systems used to provide safe, effective care while maintaining confidentiality.

<p><i>Spirit of Inquiry</i> <i>Examine the evidence that underlies clinical nursing practice to challenge the status quo, question underlying assumptions, and offer new insights to improve the quality of care for patients, families, and communities.</i></p>	<p>6) Describe evidence-based practice guidelines to improve quality of care. 7) Recognize the importance of continued learning to maintain clinical excellence in the profession of nursing.</p>
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Implementation Cycle: Fall

Role in College Curriculum: (Check all that apply)

- General Education Core (Specify category)**
- Technical Core: A.A.S. Nursing**
- Restricted Elective (Specify Program)**
- General Elective**
- Workforce Education**
- Other (Please specify)**

Course Fee: Yes – 45.00

Instructor's Qualifications: MS in Nursing OR BSN enrolled in graduate program in Nursing.

Expanded Course Description

This is a course combining the introduction of nursing concepts with a lab/clinical experience. Students utilize the nursing process to care for clients responding to physiological and pathophysiological alterations, together with health promotion across the lifespan. The following chart is a breakdown of clinical skills.

Introduction of the following nursing concepts/exemplars/skills:

Nursing Concept	Exemplar (s)	Skills
Patient Profile Concepts-- Concepts that help us understand the individuals for whom we care		
Theme: Attributes and Resources		
Development	Normal growth and development across the lifespan	
Functional Ability	Care giver skill development	CNA skills
Family Dynamics	Family structure and roles Family dynamics	
Theme: Personal Preferences		
Culture	Cultural diversity/sensitivity Acculturation Health values, beliefs Spiritual health	
Motivation	Impact on choices	

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	Health promotion Individual life experiences	
Adherence	Compliance	
Health and Illness Concepts-- Concepts that help us make sense of the multiple health conditions experienced by our patients across the lifespan		
Theme: Homeostasis		
Fluid and Electrolyte Balance	Assessment of fluid balance Fluid balance and homeostasis	I&O IV therapy Central Lines
Thermoregulation	Temperature Regulation	Temperature Warming Measures Cooling Measures
Nutrition	Principles of Nutrition	Feeding Tube Feeding NG tubes Parenteral Nutrition
Elimination	Bladder incontinence and retention Bowel incontinence and retention	Catheterization Ostomy Care Care of Urinary Diversion Enemas
Theme: Oxygenation and Homeostasis		
Perfusion	Optimal Perfusion Risk Factors	Vital signs
Gas Exchange	Ventilation Transport Perfusion Risk Factors	Oxygen delivery Chest Tubes Incentive spirometry Nasopharyngeal suctioning Trach Care CPT and postural drainage
Theme: Sexuality and Reproduction		
Sexuality	Sexual development/maturation	
Theme: Protection and Movement		
Immunity	Immune Response	
Inflammation	Inflammatory Process and response	
Infection	Infectious process Nosocomial infection Surgical wounds Pressure ulcers	Hand hygiene PPE Isolation precautions Sterility

	Transmission based precautions	Collecting specimens for culture
Mobility	Physiology of mobility Risk factors Immobility	Mobility/transfer techniques ROM Positioning Assistive devices Immobilization devices
Tissue Integrity	Wound healing Surgical incision	Wound care Surgical/sterile technique
Sensory Perception	Hearing impairment Visual impairment	
Pain and Comfort	Pain assessment Sleep/rest	Pain assessment
Theme: Coping and Stress Tolerance		
Stress	Stress response	
Coping	Defense mechanisms Assessment of coping strategies	
Theme: Cognitive function		
Cognition	Confusion Reality Orientation	
Professional Nursing and Health Care Concepts-- Concepts that guide our professional practice in the context of health care		
Theme: Attributes and Roles of Nurses		
Professionalism	Professional behaviors Professional standards RN scope of practice Work ethics Communication Accountability Advocacy	Therapeutic communication techniques
Clinical Judgment	Nursing process Evidence-based practice Critical thinking	
Ethics	ANA code of ethics Ethical principles Patients' rights Informed consent Advanced directives Confidentiality Accountability	
Patient Education	Assessment of learning styles Patient education	
Health promotion	Primary prevention throughout the lifespan	

	Exercise Lifestyle choices Health beliefs	
Theme: Care competencies		
Communication	Therapeutic communication Effective listening SBAR Documentation Reporting	
Collaboration	Chain of command Interdisciplinary team Collaboration in group work	
Safety	Environmental safety Illness/injury prevention National patient safety goals Hands off communication Standard precautions Seizure precautions	Medication Administration
Technology and informatics	Electronic health records Security/confidentiality HIPPA Social media	
Evidence	Evidence-based practice Patient care guidelines	
Health care quality	The Joint Commission EHR Sentinel reporting	
Theme: Health Care Infrastructures		
Health Policy	Scope of practice HIPPA Healthy People 2012 OSHA	
Health Care Law	HIPPA Scope of practice Licensure Nurse practice act Professional conduct Advance directives	

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Revised by: Alicia Van Meter, Nursing Instructor, MSN, FNP-BC

October 14, 2013
Jan. 28, 2021

Name, Title

Date

Approved Per LOT Minutes: Curtis Hakala

2-25-21

Dean of Teaching and Learning

Date

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