



Photo by: Ed A. Cole, Jr.

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Be A Leader! Run for a SGA Office for 2021-22
Contact Monica Wilson today! Details Inside.





2021-2022 Academic Calendar

Fall 2021

August 23

August 23-27

September 6

October 15

October 19

November 5

November 5

November 5

November 22-26

December 3

December 6-10

December 14

December 24-January 2

Classes Begin

Add/Drop Period

Labor Day Holiday – **College Closed**

End of Mid Semester (1st eight weeks completed)

Mid Semester Reports Due

Last Day to Withdraw with a Grade of “W”

Registration for Spring 2022 Begins

Deadline for Graduation Applications for Fall 2021

Thanksgiving Break—No Classes

Last day of classes (full term classes only)

Final Exams


Final Grades Due by 12:00 Noon

Holiday Break – **College Closed**




Student life can be tough.
We're here, wherever, whenever.
Let's talk!

Available Now

2021-2022 SGA Officers

Shayla Hartman : President

OPEN :Vice President

OPEN : Secretary /Treasurer

Still looking for two officers!



Welcome Students!

From the President's Desk

Welcome to Eastern WV Community & Technical College.

Eastern provides you an affordable and high-quality pathway for career advancement. Whether you choose to pursue an academic degree or one of our many certificate programs, Eastern will be here to support you through the completion of your goals. Our excellent workforce development training programs provide numerous options to support technical and trade-skill advancement that meet a variety of community, corporate, and individual needs. At Eastern, we are proud to offer programs that will help you enrich your life and livelihood.

As a new or returning student, you will be supported by our exceptional faculty and staff who will guide you and help you achieve success. We pride ourselves on being a small college that makes a connection with each student and places students first in everything we do. We actively partner with the community and corporate entities to assist with job placement upon completion of your degree or certificate.

We promise that your time here at Eastern will be a rewarding and enriching one. As a college, we are constantly evolving to adapt our program offerings to meet the workforce needs of business and industry. We are excited that you are considering Eastern, and we hope that you choose us as your ultimate path to begin your career advancement. If you have aspirations to continue your education beyond Eastern, we have numerous articulation and transfer agreements with four-year colleges and universities that provide a pathway for seamless transfer of credits that can be applied towards a higher degree.

As President of Eastern West Virginia Community and Technical College, I want to assure you that we are here to support you through each step on your road to success in life.

Dr. Tom Striplin, Ed.D

"It's your time to soar, let us help lift you up!"



Be Part of Your College! Be a Leader!

**Why Be Part of Eastern's
Student Government Association?**

1. **You'll develop leadership skills:** As a student leader you are going to develop innumerable leadership skills including conflict resolution, cultural intelligence and professional advancement.
2. **You'll experience working on a team:** In any student leadership position, you will not be working alone. As with working on any team, there will be challenges in communication and work style. This is the perfect time to find how you work with others and where your areas for improvement might be. Plus, you can learn more about the strengths you already bring to the table.
3. **You'll gain valuable skills:** As a student leader, you will learn valuable skills while gaining real-world leadership experience. Meetings will teach you communication and expectation setting; projects will teach you time management and responsibility; presentations will teach you public speaking and organization. These are only a few of the many soft skills that are required to be successful in any profession that you will gain through a student leadership position.
4. **You'll learn about yourself:** As a student leader, you will learn more about your dreams and goals. Where do you want to go in life, and how do you plan on getting there? Being a student leader is a great way to learn about yourself because you will find who you can become and all the opportunities that are available to you.
5. **It looks great on your resume:** Employers are looking for candidates with leadership experience. SGA is a great way to earn this experience.

And as a bonus: You'll have fun!

Want to Run for SAG Office?

Contact Monica Wilson if you would like to run for office!

monica.wilson@easternwv.edu / 304-434-8000 x 9235

Do You Know About the WV Invests Grant Program?

West Virginia Invests is a new grant program available to community college students just like you.

West Virginia Invests is a state-funded grant program that covers the full cost of basic tuition for select certificate and associate degree programs at a West Virginia public two-year institution. Priority is given to programs in high-demand fields, such as information technology or healthcare, as determined by the West Virginia Department of Commerce. This is a last-dollar-in program, meaning that it will pay for any amount up to the total cost of tuition and fees that isn't already covered by other state or federal grants or scholarships.



The grant program requires students who:

- Have not already earned a college degree (associate level or higher) or have attempted 90 or more college credit hours;
- Be in compliance with the college's Satisfactory Academic Progress policy; for renewal you must also have a 2.0 cumulative grade point average;
- Not be in default on a federal student loan;
- Are willing to make a commitment to improving the state by living in West Virginia for at least two years after graduation and completing at least 2 hours of unpaid community service each academic term;
- Pay for and pass a drug screening before the start of each academic term you are receiving an award. You have a 60 day window prior to the start of each term to pass the drug screen.

Learn more about the West Virginia Invests program by visiting www.wvinvests.org.

Questions may also be directed to Monica Wilson at monica.wilson@easternwv.edu.

Managing Mid-Term Stress

Here are some tips to help alleviate the pressure of Mid-Term week:

Sleep

It may seem like there is not enough time in the day to study for final exams and get seven hours of sleep! But, making time to sleep can improve your academic performance. Don't stay up late cramming; instead, start studying earlier, so you can get your beauty rest.

Exercise and Stay Hydrated

Exercise can help you better concentrate and improve your energy level. It also releases endorphins (a chemical your body produces) which can make you feel positive and happy. Hydration can help boost your performance, regulate body temperature, and provide oxygen throughout the body. Make sure to have a water bottle with you when you study!

Take Study Breaks

Many college students spend long hours trying to cram in all the information they can. When you are studying, though, you should take study breaks to give your brain a break! These study breaks don't have to last long — they can be as quick 10 minutes. During these breaks, it is smart to grab a healthy snack and drink some water.

Positive Self Talk

Take a deep breath (feel better?). Know that everyone else is in the same shoes as you. Positive self-talk is more important than you think.

Ask for Help

If you feel like you are really struggling, don't be afraid to reach out for help. The Student Services Team is always willing to help. Live tutors: Vera/Trinity for Math and English in room 207; Virtual tutors via zoom: Jessica Rinker and Katie Branson; and you have Tutor.com (available 24/7).

Wintertime in the tropics!



Science faculty Taylor Miltenberger and Bruce McClelland are planning a short trip to the La Suerte Biological Field Station in Costa Rica. The trip dates are going to fall somewhere between Jan 1 through the 11th. It is a 7-day total trip. We are presently looking at \$1500-1600 for the total trip (Covid

-19 issues and airfare changes hopefully are minimal). This price includes Covid-19 testing, airfare, rooms, food and travel. We will be having fundraisers for anyone interested to help lower the price. We will fly from Pittsburgh Airport to San Jose, Costa Rica and then back to Pittsburgh after the 7 days. Everyone will be helping with the field station's current projects and exploring the forest. Some helpful links to get some more information are:

Maderas Rainforest Conservancy – The organization running field stations
<https://maderasrfc.org/>

La Suerte Biological Field Station – Facebook page
<https://www.facebook.com/La-Suerte-Biological-Field-Station-110062353425/>

If you are interested in going, please contact Taylor Miltenberger at taylor.miltenberger@easternwv.edu to stay up to date on information.



EASTON'S TIDBITS

October 1: 2022-2023 FAFSA is available.

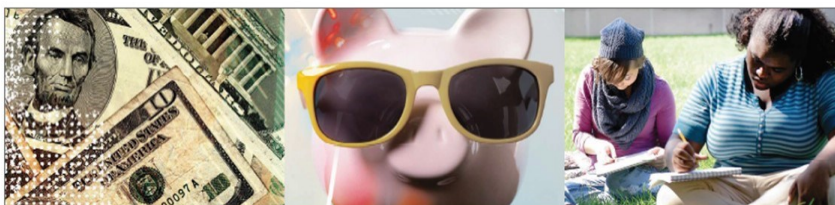
The image shows two side-by-side graphics. On the left is a flyer for 'FREE TUTORING' with the title 'Subjects I Cover' and a list: 'MTH 121, MTH 135', 'Human Diversity', and 'Psychology'. It includes contact information for Katie Branson at katie.branson@easternwv.edu (240)625-8751 and the phrase 'I look forward to helping you succeed!'. On the right is a screenshot of a Blackboard 'Support and Help' menu. A green arrow points from the 'Support and Help' link in the left-hand menu to the 'Support and Help' section on the right. A red arrow points to the 'Tutor.com' link in the 'Support and Help' section.

October 15 : Early Bird Registration

The flyer has an orange background with colorful handprints at the top right and bottom left. It features the text 'FREE TUTORING' and 'Subjects I Cover' with a list: '- English 100' and '- English 101'. The contact information is for Jessica Rinker at Jessica.rinker@easternwv.edu.

Are You Missing Out?

Make Sure You Check Your Eastern Student Email Regularly for Important Financial Aid and Student Services Information!



FINANCIAL AID WORKSHOP

Need help completing your 2022–2023 FAFSA?

We can help with that!

Student Services is hosting financial aid workshops for students at our main campus. Financial aid experts will be on hand to answer questions about state and federal financial aid, including the West Virginia Higher Education and HEAPS Grant. They'll help you fill out the FAFSA and other financial aid forms. But if you can't make it, you can always learn more about financial aid on the state's free college-planning website, www.cfwv.com.

Choose from following dates:

By appointment:

- October 5th
- October 11th
- October 18th
- October 25th

In house Workshop Days:

10am - Noon

- October 14th
- October 21st
- October 28th

In house Workshop Evening

3pm - 5pm

- October 13th
- October 20th
- October 27th

Don't forget to bring your 2020 tax returns!

Reserve your seat today! Space is limited.

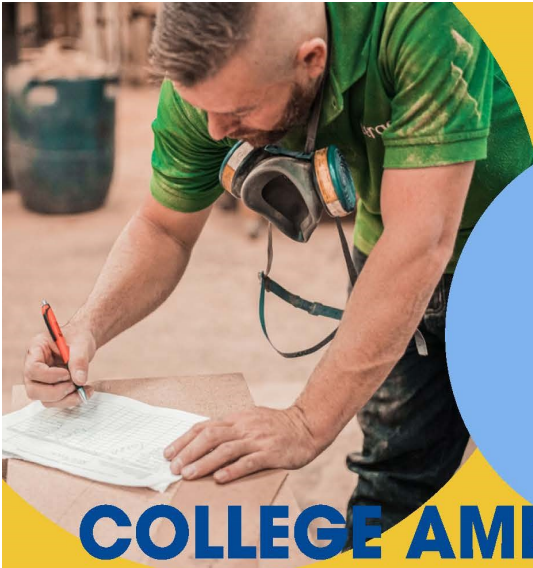
Contact Tiffany Sentman at (304) 434- 8000, ext. 9256 or at tiffany.sentman@easternwv.edu

FINANCIAL AID WORKSHOP
LEARN ABOUT STATE & FEDERAL AID FOR COLLEGE!

cfwv.com

Looking for a College Ambassador for 2021-2022 year!

Contact Monica Wilson at monica.wilson@easternwv.edu for



COLLEGE AMBASSADOR FRAMEWORK

Education Alliance College Ambassadors are helping increase the college going rate by providing potential students support and information about college access. The program engages 9 local movers and shakers as AmeriCorps members who serve as a coach who empower high school seniors and adults to see their potential by supporting the college application process. College Ambassadors are placed around the state on community college campuses to help students complete the application and enrollment process. College Ambassadors provide support in three primary areas:



OUTREACH

- Assist Enrollment
- Ensure Acceptance



PROMOTE

- Support events
- Support activities



SUPPORT

- At-risk students
- Service Projects

For more information, contact:
(304) 342-7850
americorps@educationalliance.org
EducationAlliance.org/College-Ambassadors

COLLEGE AMBASSADORS

College Ambassadors are helping spread the word that West Virginia offers tuition-free community college!

College Ambassadors empower high school seniors and adults to see their potential by providing support and information about the college application and enrollment process.

Site Benefits

- Paid volunteers serving 675 hours
- Ambassador trained to support student enrollment
- Evidence-based program
- Third-party program evaluation

Member Benefits

- \$6,353 living allowance
- \$2,417.14 education award
- Training & personal development

Site Responsibilities

- College Coordinator to administer the program and oversee the member's day to day activities
- Recruit AmeriCorps member
- Meet data collection requirements



Education
Alliance

Business & Community for Public Schools



AmeriCorps
West Virginia

volunteer
WEST VIRGINIA



Updated Standards of Academic Progress Policy

[Standards-of-Academic-Progress_FA-Recipients_052316.pdf \(easternwv.edu\)](#)

Nominate Alumni for this
Distinguished award

[Alumni | Eastern West Virginia Community and Technical College \(easternwv.edu\)](#)

Alumni Awards



\$157.00 per credit hour



Students may obtain free, unlimited, unofficial copies of their transcripts, current address, financial aid and billing information from the Web.

1. Log on to the https://xeecprod.wvnet.edu/ords/twbkwbis.P_GenMenu?name=homepage

2. Click on "Enter Secure Area"

3. Type in your User ID (usually begins with "S000")

4. Type in your PIN (your birthday in six digits --

***Equal Opportunity Policy Eastern West Virginia Community & Technical College, pursuant to the requirements of Titles IV, VI, VII of the Civil Rights Act of 1964, Title IX of the Educational Amendment of 1972, Section 504 of the Rehabilitation Act of 1973, and the Age Discrimination Act of 1975, does not discriminate against applicants, employees or students on the basis of race, color, religion, sex, disability, age or national origin in its employment policies and/or educational programs or activities, including admission to such.**