

**Eastern WV Community & Technical College
Master Course Record**

Course Prefix and Number: WFRC 102
Course Title: WFRC Recovery Coach Professional (Advanced)
Recommended Transcript Title: WFRC Recovery Coach Professional
Date Approved/Revised: 2-25-21
Credit Hours: 4 Total Contact Hours: Lecture: 40 hours (total) Lab/Clinical: 55 hours (total)
Prerequisite: Recovery Coach/Life Coach 1 (WFRC 101) Corequisite: None Pre/Corequisite: None
Grading Mode: Credit/No Credit
Catalog Description: The 40-hour Recovery Coach Professional course focuses on the following points: recovery coaching through active listening, motivational interviewing, ethical considerations, maintaining poise and demeanor in crisis environments, accountability and responsibility.
Course Outcomes: 1. Describe the role of the Recovery Coach Professional and its functions 2. List the components and importance of SMART goals 3. Describe how elements of professionalism, such as appearance, etiquette, demeanor, reliability, accountability, and poise, can help those working in the Recovery Coach Professional role 4. Explain ethics and boundaries within the context of recovery counseling 5. Identify attitudes about stigma in a variety of settings 6. Describe principles, morals, and values that will aid the recovery process 7. Describe advocacy and its importance in the Recovery Coach Professional role 8. Apply active listening and Motivational Interviewing skills 9. Practice professional skills when coaching in crisis situations
Implementation Cycle: Offered as needed/on demand/monthly (Begins Fall 2021)
Role in College Curriculum: (Check all that apply) <input type="checkbox"/> General Education Core (Specify category) <input type="checkbox"/> Technical Core (Specify Program) <input type="checkbox"/> Restricted Elective (Specify Program) <input type="checkbox"/> General Elective <input checked="" type="checkbox"/> Other (Please specify) WF Ed Recovery Coach Professional
Course Fee: Yes
Instructor's Qualifications: Bachelor of Science in counseling, social work, psychology, or related discipline AND/OR expertise and experience in field.
Expanded Course Description: Recovery / Life Coaches promote change by removing barriers and obstacles to change and recovery by empowering people who are seeking change. The Recovery Coach Professional training focuses on elevating the standards for Recovery Coaches in professional settings. This course builds on the foundational knowledge developed in WFRC 101.

Prepared by: Melissa Shockey, Program Coordinator 1/13/21
Signature, Title Date

Approved by: Curtis Hakala 2-25-21
Dean of Teaching and Learning Date
